



## **Minutes of The Alliance Meeting held Monday, October 2, 2017, 11:30 am to 1:00 pm, George Woods Star Institute, 517 North Zenith**

- I. Call to Order – Cathy Pope called the meeting to order.
- II. Minutes of September 11, 2017 – There were no corrections and will be placed on the web page.
- III. Membership Report – Shannon Spencer reported we have had a lot of new members join, especially from O L Slaton, but she did not have the exact count.
- IV. Reflection – Cathy Pope took a moment to have a short discussion on the recent events in Las Vegas. She recommends everyone have Mental Health First Aid Training (StarCare teaches this training - \$20 manual) and Active Shooter Training (Lubbock Police Department teaches this training - free).
- V. Projects of The Alliance and Alliance Partners:
  - A. Community Education on Nutrition/Cooking Classes – Karla Vargas reported they have received a grant to do classes on cooking nutrition. This is a four-month series of classes at the Copper Rawlings Community/Senior Center. They just had a class in September on heart disease with the following three classes scheduled:
    - How to Reverse Hypertension**  
Monday **October 16th** 10 am to 12 pm  
Learn how to prevent and reverse high blood pressure. All ages welcome. Free meal will feature football season favorites that are heart healthy.
    - How to Reverse Type 2 Diabetes**  
Monday **November 13th** 10 am to 12 pm  
Learn how to prevent and reverse type 2 diabetes. All ages welcome! Free meal will showcase holiday survival tips.
    - How to Reverse Digestive Disease**  
Monday **December 11th** 10 am to 12 pm  
Learn how to improve and reverse a variety of common digestive issues. Free meal will feature more holiday survival tips. All ages welcome.
  - There is no registration fee and is family friendly.
  - B. Family Academy Outreach – Stephanie Shine reported on the new program for ELPN Early Learning, which is Family Academy Outreach. This is a program where they will send their parent educators to your organization (church, clinic, agency) and deliver a parenting program customized for your clients. They will work with you to come up with a customized topic and deliver it. They bring the program and the agency would provide the venue and getting people to come. The age limit on the topics is prenatal to kindergarten. Stephanie also stated that they need volunteers for the Ready-to-Read program at the Patterson Library, and love to have older students come and read to the younger kids. You can contact Stephanie Shine ([stephanie.shine@ttu.edu](mailto:stephanie.shine@ttu.edu)) or Becky Fletcher ([becky.fletcher@ttu.edu](mailto:becky.fletcher@ttu.edu)) if interested in setting up a meeting or volunteering.
  - C. East Lubbock Promise Neighborhood – Megan McCrory reported they are having the next Keeping the Promise event on Tuesday, November 14<sup>th</sup>, 6:00p to 8:00p at the South Plains Food Bank. This will be a Thanksgiving meal and is free and open to everyone in the community. Turkeys and hams will be given away and there will be lots of activities for the kids. Volunteers are needed for this event to help with the kids and their crafts, serving food, etc. If you would like to do that, your logo will be displayed, along with an opportunity to speak at the event about your organization. If interested, contact Megan at 806-252-6821 or email [megan.mccrory@ttu.edu](mailto:megan.mccrory@ttu.edu). The sooner, the better, so she can get your logo on the flyer.

- D. Mentoring Program – Dr. Bryan Hotchkins reported on a mentoring program he brought with him from Utah, where he was a professor at the University of Utah. In 2014, he was approached by the Superintendent of Schools about why black children in the Salt Lake City public schools aren't active in the schools. Dr. Hotchkins and his wife spent the following summer developing a curriculum known as the V(i)llage. In the next two years, this curriculum was placed in 14 middle and high schools. This is a leadership bridge program that focuses on scholarship, leadership, culture, community, involvement and advocacy. Requirements are to be involved in a community service project, be involved in their school and have a GPA of 2.5. Dr. Hotchkins is now a professor at Texas Tech focusing on identity development of students. O L Slaton is a test pilot for the V(i)llage curriculum, meeting on Tuesdays and Thursdays. Academic outcomes are connected to school environment, to their friendship environments and to their community. He also would like to bring to Lubbock an 8-hour course that educates on how to raise black children in a white world.
- E. Juicy Lucy Farms – Lucinda Mann, along with Mike Emery, reported they have about 10 acres on the east side just outside the city limits that they raise food to sell at farmers' markets. They came up with the idea of a Mobile Pantry where you can purchase fresh fruit and vegetables, eggs, cheeses, etc. right off the truck. They are set up to do the Lone Star EBT card. The Lone Star card now has a double up program for Snaps, meaning if you have a Lone Star Card and you spend from your Lone Star card \$10 on food from the mobile pantry, you will receive \$10 in coins that can only be used to purchase fresh fruit and vegetables. For \$10, you get \$20 worth of food. They are currently looking for a location on the East side to set up to make more accessible for people who do use the Lone Star EBT card and eventually have several locations on the East side. The truck cannot be in a residential area and has to be 200 feet from the front door of a business. You can contact Lucinda Mann at 806-773-7084 or email her at [juicylucyveggies@gmail.com](mailto:juicylucyveggies@gmail.com) if you have a location where a notarized letter of approval from the owner can be obtained.

#### VI. Upcoming Events of the Alliance & Alliance Partners

- A. Walk of Fame – Vernita Woods-Holmes reported that on October 19<sup>th</sup> at the West Texas Walk of Fame, they are inducting James Braxton, a 95-year-old musician and music educator; Thomas Braxton, James' son and a jazz musician, composer, producer and educator; and Johnny Ray Watson, who is an evangelistic gospel singer. This is a free event to be held at the Lubbock Memorial Civic Center at 7:00 pm.
- B. Volunteer Center's Cornucopia Luncheon – Jungwon Part reported on the upcoming workshops and events of the Volunteer Center. Cost is \$65; \$50 for Volunteer Center members.
  - October 11<sup>th</sup> – 2:30p to 4:30p - grant writing with Dr. Nathaniel Wright at the Volunteer Center Conference Room;
  - October 19<sup>th</sup> – 2:30p to 4:30p – Let's be World Famous: How to Hire the Folks Who'll Get You There at the Volunteer Center Conference Room;
  - November 1<sup>st</sup> – 11:30a to 1:00p – Cornucopia Luncheon at the Civic Center, RSVP due Oct. 18<sup>th</sup>;
  - February 21<sup>st</sup> – 11:30a to 1:00p – Executive Director Boot Camp;
- C. Texas Tech Physicians' Health Fair – Kathleen McPherson reported on the Texas Tech Physicians' Health Fair to be held October 14<sup>th</sup>, 9:00a to 12:00p, in the Academic Classroom on the southwest side of the lobby. There will be a Classic Corvette Car Show and three speakers at the same time in different rooms speaking on different health topics from 9:30a to 12:00p. Cardiology testing will be done for the first time, along with other testing and health subjects. Teen Straight Talk will be there on the same day, 10:00a to 12:45p, this is for pre-teen to teens, and encourages parents to come out. This is an educational program on sex education and talk about suicide. The Women's Health Day Clinic is a free clinic located at Lubbock Impact Clinic, 2707 34<sup>th</sup>, from 10:00a to 2:00p, where women can get breast exams, pap smears, pelvic exams and mammograms. On Wednesday night, the clinic is free to anyone who signs up. A meal is provided on Wednesday nights.
- D. Family Fright Knight – Cathy Pope reported for O L Slaton on Family Fright Night, October 30<sup>th</sup>, in the parking lot along the front of the building. Car clubs will be doing trunk or treat, and hopefully

hot dogs, etc. will be served. Volunteers are needed. Whole families are encouraged to attend. Cathy Pope is the contact, 806-535-7673 or [cathyleepope@gmail.com](mailto:cathyleepope@gmail.com).

- E. CASA Update – Kristen Mata reported the last training class of the year is on October 30<sup>th</sup>. The goal was 53 and so far, 21 have signed up. You are interviewed before you sign up.
  
- VII. Past Event Reports
  - A. Paint the East Side Blue – A J McCleod reported on a very successful event. There was a very good turnout with speakers from the schools, administration, mayor, city council, etc.
  
- VIII. Other
  - A. 100 Black Men – Leon Williams reported the 100 Black Men are having a Couples College on October 14<sup>th</sup>, 9:00a to 2:00p at the Larry Combest Center. Flyer is to follow.
  
- IX. Next Meeting – November 6, 2017, 11:30 am to 1:00 pm, 517 N. Zenith.